



Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



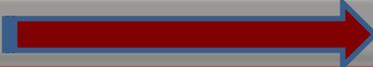
PARTNERSHIPS TO SAVE LIVES: FEDERAL COLLABORATIONS FOR SUICIDE PREVENTION

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Renaissance Hotel – Grand Ballroom
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10 Leading Causes of Death, United States 2008, All Races, Both Sexes

| RANK | ALL AGES |
|------|--|
| 1. | Heart Disease: 616,828 |
| 2. | Malignant Neoplasms: 565,469 |
| 3. | Chronic Low Respiratory Disease: 141,090 |
| 4. | Cerebro-vascular : 134,148 |
| 5. | Unintentional Injury: 121,902 |
| 6. | Alzheimer's Disease: 82,435 |
| 7. | Diabetes Mellitus: 70,553 |
| 8. | Influenza & Pneumonia: 56,284 |
| 9. | Nephritis: 48,237 |
| 10. |  Suicide: 36,035 |

SUICIDE: TOUGH REALITIES

| | AGE 14-18 | AGE 18 AND ↑ |
|---------------------------------|--------------------|-------------------|
| HAD SERIOUS THOUGHTS OF SUICIDE | 2.9 million, 13.8% | 8.4 million, 3.7% |
| MADE A PLAN | 2.3 million, 10.9% | 2.2 million, 1% |
| ATTEMPTED SUICIDED | 1.3 million, 6.3% | 1.1 million, .05% |
| DIED BY SUICIDE | >1,000 | ~37,000 |

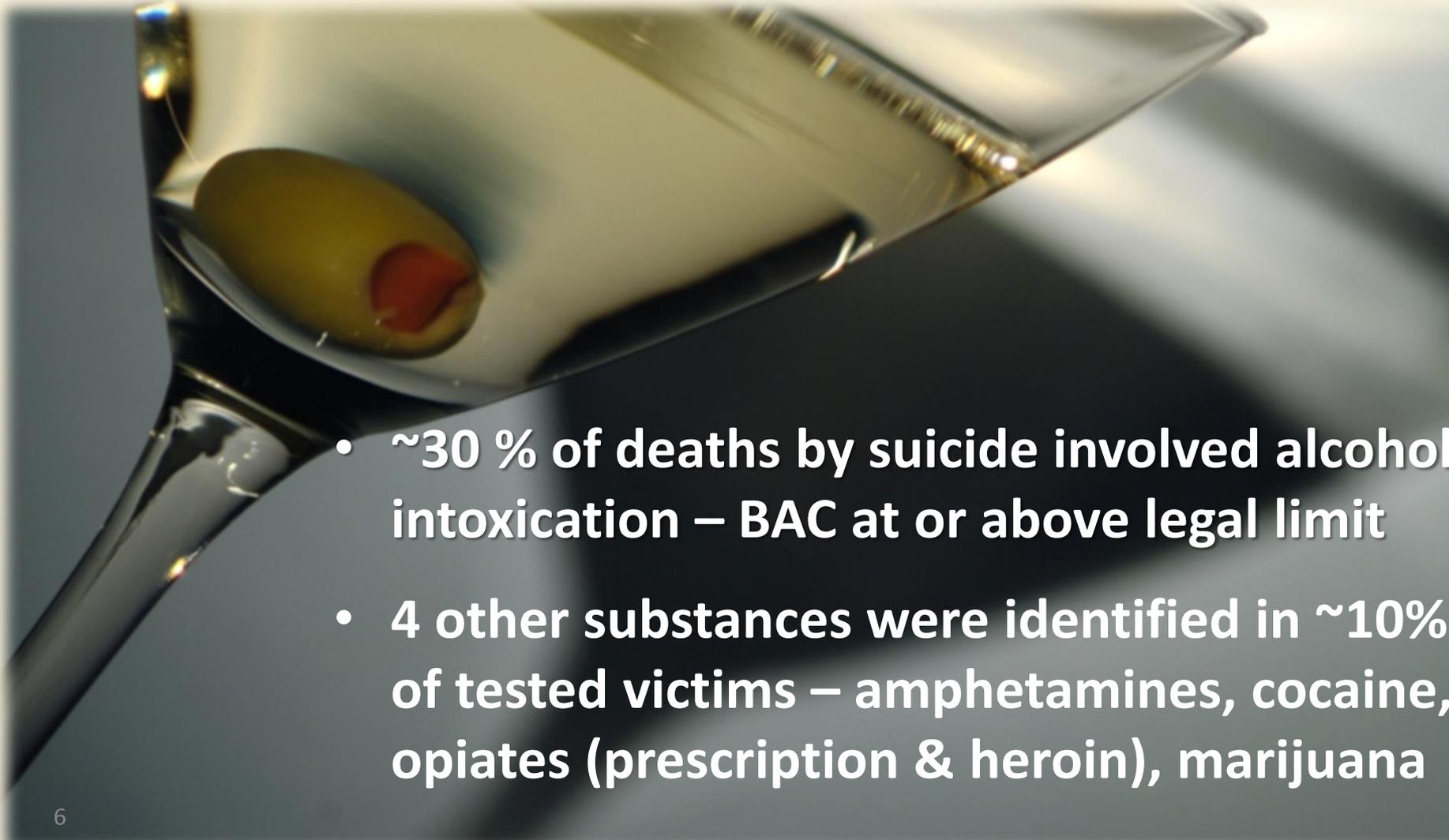
TOUGH REALITIES

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90 percent of those who die by suicide had a mental disorder. The suicide rate of people with major depression is 8 times that of the general population.

An estimated 20 percent of individuals who die by suicide were veterans.

TOUGH REALITIES

- 
- ~30 % of deaths by suicide involved alcohol intoxication – BAC at or above legal limit
 - 4 other substances were identified in ~10% of tested victims – amphetamines, cocaine, opiates (prescription & heroin), marijuana

TOUGH REALITIES



Prevalence of serious MH conditions among 18 - 25 year olds is almost 2X general population

Suicide is 3rd leading cause of death among youth 15-24 years

Adults who begin drinking before age 21 more likely to have later alcohol problems

Young people have lowest rate of help-seeking behaviors

MISSED OPPORTUNITIES = LIVES LOST

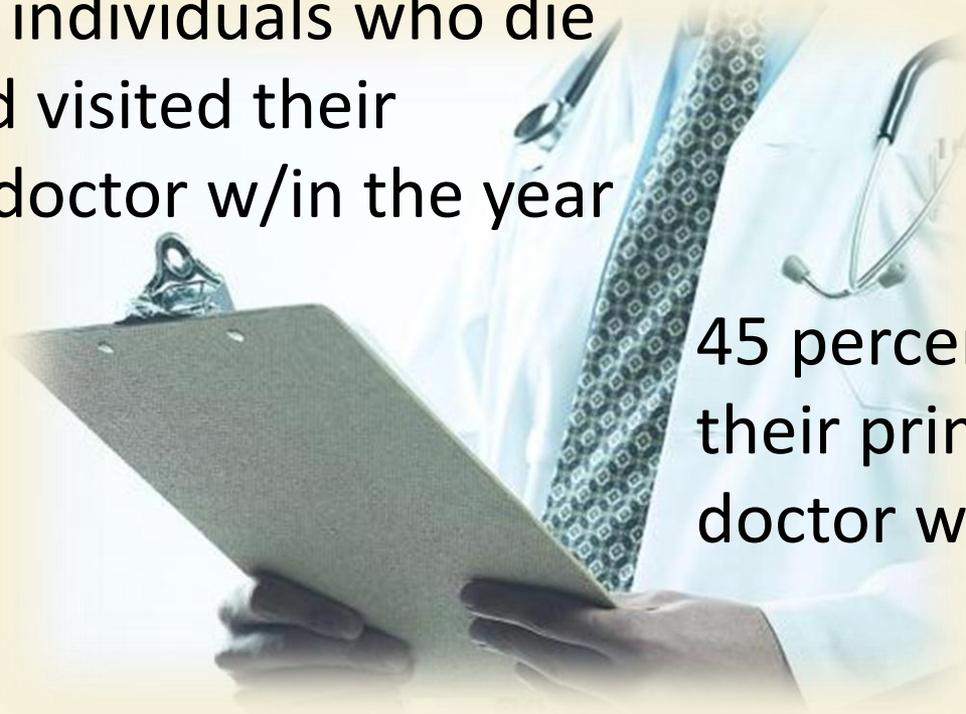
→ Individuals discharged from an inpatient unit continue to be at risk for suicide

- ~10% of individuals who died by suicide had been discharged from an ED within previous 60 days
- ~ 8.6 percent hospitalized for suicidality are predicted to eventually die by suicide

MISSED OPPORTUNITIES = LIVES LOST

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77 percent of individuals who die by suicide had visited their primary care doctor w/in the year



45 percent had visited their primary care doctor w/in the month

18 percent of elderly patients visited their primary care doctor on same day as their suicide

THE QUESTION OF SUICIDE WAS SELDOM RAISED . . .

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NATIONAL ACTION ALLIANCE FOR SUICIDE PREVENTION

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- ➔ Championing suicide prevention as a national priority – to make suicide a non-event
- ➔ Advancing the National Strategy for Suicide Prevention (2001; revision forthcoming)
- ➔ Launched 9/10/10 by Secretaries Sebelius & Gates
- ➔ Public-private partnership
 - The Honorable John M. McHugh, Secretary of the Army
 - The Honorable Gordon Smith, National Association of Broadcasters

NATIONAL STRATEGY FOR SUICIDE PREVENTION (Fall, 2012)

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→ Four strategic directions

1. Healthy and Empowered Individuals, Families, and Communities
2. Community and Clinical Preventive Services
3. Treatment and Support Services
4. Surveillance, Research, and Evaluation

→ Aligns with framework of the *National Prevention Strategy*, released June 2011

→ Military Families – One priority population/taskforce

COLLABORATIONS TO SAVE LIVES

Collaborations with VA:

- VA adopted SAMHSA's *Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment* and created a complementary training video, used by VA and community providers
- SAMHSA assisted VA in updating suicide prevention gatekeeper training (Operation S.A.V.E) for communities
- SAMHSA participated in a group to develop DoD/VA joint Clinical Practice Guidelines to prevent suicide

COLLABORATIONS TO SAVE LIVES

Collaborations with TRICARE:

- ➔ Working with TRICARE to expand behavioral health provider capacity
- ➔ Consulting on the redefinition of behavioral health benefits
- ➔ Developing demonstration project opportunities
- ➔ Including behavioral health providers in TRICARE



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