



News Release

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Immediate Release

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Mild Traumatic Brain Injury Pocket Guide Mobile Application Now Available

The Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury announced today that it has released a new mobile application for health care professionals, the Mild Traumatic Brain Injury Pocket Guide. This application, developed by the National Center for Telehealth and Technology (T2), gives providers a comprehensive, quick reference that includes clinical practice guidelines for assessing and treating service members and veterans who have sustained a mild TBI, commonly referred to as a concussion.

"This new tool is about providing clinicians with quick and convenient access to clinical guidelines for concussion care. It not only allows the clinician to provide evidenced-based care but maximizes time spent with the patient," said Katherine Helmick, deputy director for traumatic brain injury.

The mobile application is free and available for download on Android smartphones at <https://market.android.com/details?id=org.t2health.mtbi> . Hard copies of the pocket guide can be ordered by contacting the Defense and Veterans Brain Injury Center at info@dvbic.org or 1-800-870-9244 or [downloaded](#).

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