



DEFENSE CENTERS OF EXCELLENCE

For Psychological Health & Traumatic Brain Injury

DCoE January Webinar

Jan. 26, 2012, 1-2:30 p.m. (EST)

Addressing Alcohol Misuse Among Service Members: The SBIRT Model

Heavy alcohol use is steadily rising among service members and veterans. For example, according to findings in the 2008 "Department of Defense Survey of Health Related Behaviors Among Military Personnel", rates of heavy alcohol use among service members increased from 15 percent in 1998 to 20 percent in 2008.

Although alcohol treatment services are available in the Defense Department and the Department of Veterans Affairs (VA), many service members are reluctant to seek care because of stigma and possible career consequences. Secondary prevention methods (i.e., screening and brief interventions) in non-specialty settings (i.e., behavioral health care) may engage service members at an early stage of risky or hazardous drinking who otherwise would remain undetected and untreated.

Are you aware of SBIRT?

The screening, brief intervention and referral to treatment model (known as SBIRT) is a system-level approach to identify and treat persons with drinking problems. Research has demonstrated that SBIRT is effective in identifying persons at risk of developing serious alcohol problems, reducing the frequency or severity of alcohol use and increasing the percentage of patients who enter specialized alcohol treatment. The SBIRT model is consistent with the VA/DoD Clinical Practice Guideline for Management of Substance Use Disorders and will aid health care providers in integrating a step-by-step process for clinical decision making.

Register for the webinar

Visit <http://es.adobeconnect.com/e8gvznpadmf/event/registration.html> to register for the webinar featuring presenters from the Substance Abuse and Mental Health Services Administration (SAMHSA) and the VA who will discuss how SBIRT is being implemented in health care settings.

Continuing education units and continuing medical education credits are now available from Saint Louis University. For credits information visit <http://www.dcoe.health.mil/Content/Navigation/Documents/DCoE%20Accreditation%20CEU.pdf>

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Army photo by Brittany Carlson

Speakers:

Stephen O'Neil, MA
project director, SAMHSA
State Grantee, Georgia
BASICS

Katharine Bradley, MD, MPH
affiliate associate professor,
VA Puget Sound Health Care
System



DCoE monthly webinars provide information and facilitate discussion on a variety of topics related to psychological health and traumatic brain injury. Each month features a different topic with presentations by subject matter experts followed by an interactive discussion period. Resources and reference materials related to the topic are provided each month and are available online. All speakers' presentations are archived on the [monthly webinar section of the DCoE website](#).

Save the date! The next webinar is scheduled for Feb. 23, 2012, 1-2:30 p.m. (EST).